



# **WAVELAND PARK NEIGHBORHOOD**

## **BUSINESS DIRECTORY**

Waveland Park Neighborhood Association

wavelandpark.org  
@wavelandparkdsm  
info@wavelandpark.org

Updated November 2023

Would you like your business/entrepreneurial venture/professional role added to this list? Do you see any business listings that need updating? Please send information and request to:

[info@wavelandpark.org](mailto:info@wavelandpark.org)

[annthye@gmail.com](mailto:annthye@gmail.com) Secretary, WPNA

### **Waveland Park Neighborhood Association Board Members**

President: Nick Coleman

Treasurer: Rich Knapp

Secretary: Ann Thye

Board Members: Jenna Borcharding, Tony Filippini, Molly House, Chris LoRang, Carol Lunde, Matt Ohloff, Kathy Roat, John Smith

Newsletter & Communications: Katy Condon

Social Media Marketing: Tim Earp

Merchandise, Architecture tours, Historian: Mark Johnson

Thank you to the support of the City of Des Moines, WPNA individual and family members, and business members who provide funds to support our monthly meetings, special events like the Easter Egg Hunt, Twilight Run/Walk at Waveland Golf Course, National Night Out, Holiday Lights Contest, Architectural Walks, WPNA Merchandise, and more.

This is our first business directory in recent memory, and we want to include all businesses in our neighborhood and bordering streets. Please share any we may have missed, and we will add it.

Let us know if there are any changes or additions you would like to see. If you are an entrepreneur in our Waveland Park Neighborhood, we'd like to get the word out for your business as well. Send emails with information or questions to [annthye@gmail.com](mailto:annthye@gmail.com)

Secretary, WPNA

[info@wavelandpark.org](mailto:info@wavelandpark.org)

## Roosevelt Cultural District

42<sup>nd</sup> Street South of Cottage Grove, Chamberlain, Rollins  
515.277.6261 FB Shops at Roosevelt 515.255.2703  
A certified historic district & arts, education, and commerce

**The Des Moines Playhouse** – 831 42<sup>nd</sup> St – 515.277.6261

Local live theater & classes

FB <https://www.dmplayhouse.com> @dmplayhouse

**Admantine Yoga** - 4119 Rollins Ave – 515.829.9213

Yoga studio

FB <https://www.admantineyoga.com> @admantineyoga

**The Cheese Shop of Des Moines** – 833 42<sup>nd</sup> St, B – 515.528.8181

Restaurant, gourmet grocer, special events, catering

FB <https://www.thecheeseshopdsm.com> @thecheeseshopdsm

**Iowa IV** – 833 42<sup>nd</sup> St (back side) - 515.424.9378

IV Therapy and Vitamin Injection

FB <https://www.iowaiv.com> @iowa.iv

**Cabana Swim** – 835 42<sup>nd</sup> St – 515.515.279.2911

Swimwear for all ages & sizes, swim related accessories

FB <https://www.cabana-swim.com> @cabana swim\_

**Silver Fox** – 837 42<sup>nd</sup> St – 515.283.2725

Upscale women's clothing and accessories boutique

FB <https://www.silverfoxdsm.com> @silverfoxdsm

**La Mie Bakery** – 841 42<sup>nd</sup> St – 515.255.1625

Bakery, café, catering

FB <https://www.lamiebakery.com> @lamiebakery

**Electric Diamond Tattoo** – 842 42<sup>nd</sup> St – 515.255.6902

Full service tattoo shop

<https://www.sacreddiamondtattoo.com>

@electricdiamondtattoo @mikediamentattoo

**The Juice Company** – 845 42<sup>nd</sup> St – 515.334.9917

Smoothie & Juice Bar

FB- The Juice Company @thejuicecompanydsm

**Pop and Nod** – 847 42<sup>nd</sup> St - ? phone

Eclectic boutique of apparel, home goods, and gifts

FB <https://www.popandnod.com> @popandnod

**DSM Salon and Spa** – 849 42<sup>nd</sup> St – 515.279.1002

Full service hair salon, wax, tint, wedding hair & makeup

FB <https://www.dsmsalonandspa.com>

**Dreamers Roosevelt Barber Shop** – 851 42<sup>nd</sup> St – 515.279.9557

Historic Des Moines barbershop since 1934

FB <https://dreamersrooseveltbarbershop.com>

@dreamersrooseveltbarbershop

**Worn** – 857 42<sup>nd</sup> St – 515.255.9247

A modern resale boutique

FB <https://www.thewornstore.com> @thewornstore  
**Crown Cleaners** – 863 42<sup>nd</sup> St – 515.255.0793  
Top shelf dry cleaning & shirt laundry  
FB <https://www.crown-cleaners.com> @crowncleanersdm  
**Eight Seven Central** – 861 42<sup>nd</sup> St – 515.288.2066  
Design and screen print studio  
FB <https://www.eightsevencentral.com> @87central  
**Capital Chiropractic & Rehabilitation Center** –  
900 42<sup>nd</sup> St - 515.421.4018  
Pain relief, athletic rehabilitation, chiropractic, physical therapy  
FB <http://www.capitalchirodsm.com> @capitalchirodsm  
**Iowa HBOT**– 900 42<sup>nd</sup> Street – 515.421.4002  
Hyperbaric oxygen therapy; Cold plunge therapy  
FB <https://www.iowahbot.com> @iowahbot  
**Susan Noland Designs in Gold** – 902 42<sup>nd</sup> St – 515.255.1167  
Custom jewelry design and repair  
**JouJou DSM** - 906 42<sup>nd</sup> St – 515.528.2044  
Immersive indoor play space for families with children birth-5  
FB <http://www.joujoudsm.com> @joujoudsm  
**Alterations and Custom Made by Tran** – 4201 Chamberlain Ave  
515.274.6854 - Alterations and custom sewing  
**Rumors Vintage** - 4211 Chamberlain Ave – 515.494.5333  
Vintage clothing, accessories, cameras, buy and sell  
FB <https://www.rumorsdsm.com> @rumorsdsm  
**Rogue Planet Music** – 4201 Chamberlain Ave - 515.783.7235  
Independent record store, buy and sell, amplifier – tuners  
FB <https://www.rpmdsm.com> @rpmdsm  
**Central Iowa Music Lab** – 906½ 42<sup>nd</sup> St – 515.778.1507  
Music lessons – guitar, piano, bass, vocals, drums, rock lab  
FB <https://www.centraliowamusiclab.com> @dsmmusiclessons  
**Papa John's Pizza** - 911 42<sup>nd</sup> St – 515.274.4949  
Pizza restaurant, carryout, & delivery  
FB <https://www.locations.papajohns.com> @papajohns  
**Drake Garage** - 918 42<sup>nd</sup> St – 515.255.6159  
Since 1965, auto repair, oil changes, tire repair  
FB <https://www.drakegarage.com>  
**Transformations LLC** – 908 42<sup>nd</sup> St – 515.865.1822  
Hair salon

## **Uptown Shopping Center area**

4100 University Avenue – 515.418.1897

Uptown Artist Market Saturdays June - September

**Central Bank** – 4018 University Ave – 515.279.8090

Family owned banks in Iowa and South Dakota

FB <https://www.centralbankonline.com> @central\_bank\_1877

**Louie's Wine Dive** – 4040 University Ave, Unit A – 515.777.3416

Great wine, locally sourced & sustainable cuisine

FB <https://www.louieswinedive.com> @louieswinedive

**Campbell's Nutrition** – 4040 University Ave – 515.277.6351

Local health food store

FB <https://www.campbellsnutrition.com> @campbellsnutrition

**Hy-Vee** – 4100 University Ave – 515.633.8603

Grocery, Pharmacy

FB <https://www.hy-vee.com> @hyvee

**Bone a Patreat** – 4110 University Ave – 515.279.2544

Healthy pet market selling food, treats, pet supplies

FB <https://www.boneapatreat.com> @boneapatreat

**Trixies Salon & Spa** – 4118 University Ave – 515.274.9981

Lifestyle salon + spa experiences

FB <https://www.trixiessalon.com> @trixiessalonandspa

**All Pho You** – 4120 University Ave – 515.279.4711

Vietnamese restaurant – authentic Asian cuisine

FB <https://www.allphoyoudsm.com> @allphoyou.dsm

**Russ' Uptown Optical** – 4122 University Ave – 515.279.3189

Family owned opticians, leaders in quality eyewear & service

FB <https://www.russuptownoptical.com> @russ\_uptown\_optical

**Friedrichs World Coffees** – 4126 University Ave – 515.279.2919

Small batch artisan coffee roasters, order ahead, specialty drinks

FB <https://www.friedrichscoffee.com> @friedrichscoffee

**Huckleberry Home** – 1141 42<sup>nd</sup> St –

Curated home décor- old & new, local art, houseplants

FB @huckleberryhome515

**U.S. Cellular** – 4132 University Ave - 515.277.5800

Experts in wireless, service, accessories, support

FB <https://www.stores.uscellular.com>

**Edward Jones** – 1129 42<sup>nd</sup> St – 515.274.9811

Financial Advisor Dawn Collins

FB <https://www.edwardjones.com/dawncollins>

**DM Wellness & Yoga** – 1131 42<sup>nd</sup> Street – 515.344.3255

Yoga & fitness studio – find balance and joy in a busy world

FB <https://www.dmwellnessyoga.com> @daramadigan

**Little Caesars Pizza** – 4201 University Ave – 515.255.7000

Pizza place and delivery @littlecaesars

FB <https://www.littlecaears.com/en-us/store/9744>  
**By Wysteria** - 1208 42<sup>nd</sup> St – 515.490.8689  
Artisan soaps + candles, workshops, classes, kids art,  
Booking private events, locally made  
FB <https://www.bywysteria.com> @bywysteria  
**T-Mobile** – 4131 University Ave – 515.274.5555  
Smart phones, tablets, smart watches, hotspots, home internet  
FB <https://www.t-mobile.com> @tmobile  
**Check Into Cash** – 4125A University Ave – 515.255.2443  
Cash advance, check cashing services, financial services  
FB <https://www.checkintocash.com>  
**Hawaii Nails** – 4125 University Ave – 515.274.9495  
Manicurists and pedicurists, nail salon, lash extensions  
FB <https://hawaii-nails-ia.hub.biz> @hawaiinails.desmoines  
**State Farm Insurance** – 4115 University Ave, 100 – 515.274.3444  
Our mission is to help you manage the risks of every day life,  
recover from the unexpected, and realize your dreams.  
FB <https://www.terryanntaylor.com> @terrytaylorsfagent  
**Heartland Animal Hospital** – 4115 University Ave, Suite 200  
515.255.4464 Skilled veterinarian and animal hospital  
FB <https://heartlandanimalhospital.com>  
**Moxie Kitchen + Events** – 4119 University Ave –  
Innovative model of renting a commercial kitchen, Event rental  
for seated up to 50, 100 standing, Retail grab & go  
FB <https://www.moxiedesmoines.com> @moxiedesmoines  
**Sacred Health** - 4123 University Ave – 515.779.9033  
Movement studio + Holistic practioners, coworking space  
Midwifery, IV therapy, mental health, massage therapy, doulas,  
Lactation support, clinical herbalism, yoga  
FB @sacredhealthdsm 515.303.0661

## University Avenue & Polk Boulevard

**Iowa Jewish Senior Life Center** – 900 Polk Blvd – 515.255.5433  
Retirement Home for those of all faiths  
FB <https://seniorlifecenter.org> @iowajewishseniorlife  
**McCollum-Wavleand Tennis Complex** – 928 Polk Blvd  
4806 Observatory Rd - 515.237.1386  
12 Free public tennis & pickleball courts  
**Drake Municipal Observatory** – 4898 Observatory Road  
515.271.3141 Observatory (Astronomy), Friday lectures  
FB <https://www.drake.edu/observatory>  
**Cummins Woods Bird Sanctuary** - 4800 Kingman Blvd.  
**Waveland Family Dental** – 4232 University Ave – 515.277.4461



General dentistry, oral surgery, endodontic, Sure Smile  
FB <https://wavelandfamilydental.com> @waveland.family.dental

**TH Media** - 4308 University Ave - 515.423.3221  
Video & Photo production, Social Media Mkt, Graphic design  
FB <https://www.thmediacreates.com> @thmediacreates

**University Dental Group** - 4626 University Ave - 515.277.0062  
General Dentistry

**Maccabee's Kosher Deli** - 1150 Polk Blvd - 515.277.1718  
Restaurant, Kosher deli and grocery (Polk Blvd and University)  
FB <https://maccabeeskosherdelic.com> @maccabeeskosherdeli

**Taste! To Go Catering & Events** - 4700 University Ave  
515.277.8646 Catering. Service. Event Design & Production.  
**Curate** event venue in East Village, 322 E Court Avenue  
FB <https://www.tastetogo.net> @tastetogo

**Waveland Tap** - 4704 University Ave - 515.255.5171  
A dive bar with ambiance. 5 big screens. Pool table.  
FB <https://www.wavelandtap.com>

**Waveland Café** - 4708 University Ave - 515.279.4341  
Neighborhood diner offering American breakfast staples, lunch  
Jason Momoa's favorite Des Moines stop  
FB <https://desmoines.wavelandcafe.com> @wavelandcafe

**Waveland Barber Shop** - 4710 University - 515.274.0150  
Barber/stylists @nice\_guy\_ian @travisthebarber  
FB <https://www.wavelandbarbershop.com>

**Lovan Salon** - 4712 University Ave - 515.214.8693 -  
Cuts, colors, extensions, facial waxing, brow tints, brows, bridal  
FB <https://www.lovansalon.com>  
@courtney.lovanhair @onacoehair @j.grif @amandasnell.hair

**Designco** - 4713 University Ave - 515.822.0865  
Building Design, historic preservation,  
FB <https://www.designcodm.com> ?2420 University

**Universal Barber Shop** - 4719 & 4721 University Ave  
515.274.9481 & 515.770.1819  
Barbershop with a professional & diverse environment for all  
FB <https://universal-kutz.business.site>

**Salon Z** - 4717 University Ave - 515.864.1137  
Hair salon, beauty, braids, extensions  
FB Deseree Stubbe Abby Hunt

**Beauty by Lyssi** - 4717 University Ave - 515.991.2823  
Body waxing, basic & acne facials, reflexology, lashes, brows  
FB <https://vagar.com/us04/beautybylyssi> @\_beautybylyssi\_

**Budu/Bu** - 4715 University Ave - 515.410.1220  
Smoke shop and art collective  
FB <https://www.budu-bu.com> @budubuiowa

**Renzo Gracie Academy Des Moines** - 4711 University Ave  
608.772.1085 Martial arts school - Jiu Jitsu, Nogi. Gi

FB <https://www.renzogracedesmoines.com>  
@renzogracedesmoines  
**Farmer's Insurance** - 4806 University Ave, Ste 1 - 515.280.3800  
Kaylynn Ngo Insurance Agency Inc 515.508.1311  
FB <https://www.farmersagent.com/kngo>  
**Timeless Beauty by Kaylynn** -4806 University, 1B  
515.996.0999 Kaylynn Ngo Esthetician  
Semi-permanent makeup & lash extensions  
FB <https://www.pmubykaylynn.com> @pmubykalylynn  
**Body Revive** - 4806 University Ave, Unit 2 - 515.200.4096  
Swedish Massage, deep tissue - FB  
**Bravehearts** - 4806 University Ave, Ste 3 - @dwillpowerllc  
Gym, coaching, health, wellness, BRAVEHEARTS apparel line  
FB <https://www.braveheartsfitnessandapparel.com>  
**O'Donnell Ace Hardware** - 4808 University Ave - 515.277.0062  
Hardware store - Gary & Sheila O'Donnell owners, Dave Sents  
FB <https://www.odonnellhardware.com>  
**Kari K Salon** - 4815 University Ave - 515.344.5334  
Hairstyling, body wax, manicure, pedicure, lash extensions  
FB @Karidsm  
**Avi'Aunna's Beauty Bar** - 4817 University Ave, Ste 5  
515.419.7107 Makeup artist, locs  
FB @aviaunnasbeautybar @toriquesha\_jenaye

## Franklin Plaza Shops 4922 - 4954

**NISAA African Family Services** - 4944 Franklin Ave, P  
515-255-5430 Building healthy communities through self-  
determination, transformative justice, and social change  
FB <https://www.nisaa-afs.org> @nisaa-afs  
**The Pet Project Midwest**- 4944 Franklin Ave, N - 515.727.4738  
Pet Food Pantry, collaborates with Meals on Wheels, ARL  
Pet Pantry, Animeals, Paws for Life, Iowa Pet Alert  
FB <https://www.thepetprojectmidwest.org>  
@thepetprojectmidwest  
**Unique Beauty Bar and Hair Studio** - 4944 Franklin Ave, J  
**Beautiful Beginnings Hair Salon** 515.210.5310  
**Loh Maintenance** 515.339.1247  
Cosmetologists, nails, lashes, makeup, locs, extensions  
<https://www.LohMaintenance.com> @lohmaintenance  
**Soul Shine Massage Bliss** - 4944 Franklin Ave, L - 515.577.6589  
Massage, pain management, wellness, health maintenance  
Monica Eipperle LMT, Melisa Gibbs LMT 515.298.4968  
**Jade Rabbit Tattoo** - 4944 Franklin Ave, K - 515.779.2494  
Tattoo and piercing shop. Book with individual artists.



FB @jaderabbit.studio @meanzchan @saljjag @img\_tattoo  
**Faustinos Taqueria** – 4944 Franklin Ave, 1 – 515.255.1410  
Authentic Mexican restaurant. Taqueria & postres  
FB <https://www.faustinostaqueria.com> @faustinostaqueria  
**Iowa Food Cooperative** – 4944 Franklin Ave, G - 515.978.2034  
Food cooperative, open to all, extensive food selections  
FB <https://www.iowafoodcoop.com> @iowafoodcoop  
**Monsoon Asian & Pacific Islanders in Solidarity**  
4944 Franklin Ave, B – 515.288.0881  
Intervention and prevention of domestic violence, sexual  
assault, and human trafficking in Asian and Pacific Islander  
communities in Iowa <https://www.monsooniowa.org> FB  
**Franklin Plaza Family Dentistry** – 4944 Franklin Ave, A  
515.277.0222 General Dentistry for the whole family  
FB <https://fpfd4954.wixsite.com>  
**Franklin Jr. High Event Center** – 4801 Franklin Ave – online form  
Event Venue, Auditorium, Classrooms, School, lodging  
FB <https://www.franklinjrhigh.com>  
**Franklin Avenue Library** – 5000 Franklin Ave – 515-283-4152  
Public Library, events, book club, movie club, multi-purpose  
FB <https://www.dmpl.org> @desmoineslibrary  
**Northwest Community Center** -5110 Franklin Ave-515.279.2767  
Multipurpose Senior Center, Dining Center, Rental available  
<https://www.polkcountyiowa.gov> Community Center Rental  
**Green Family Flooring** - 1901 Beaver Ave – 515.605.7714  
Hardwood floor experts, sand, finish, install, carpet, tile, & more  
FB <https://www.greenfamilyflooringia.com>  
**Price Chopper** – 1819 Beaver Ave – 515.255.3151  
Grocery Store, deli, bake shop @pricechopperdesmoines  
FB <https://www.beaver.pricechopperdesmoines.com>  
**Mosier Dental** – 1816 Beaver Ave – 515.277.7786  
General Dentistry  
FB <https://www.mosierdental.com>  
**Players Sports Bar & Grill** – 1760 Beaver Ave – 515.274.8639  
Casual, cozy, sports bar and grill  
FB <https://www.players-grill.edan.io.com>  
**Franklin Avenue Chiropractic & Acupuncture**  
4900 Franklin Ave – 515.270.8582 – Robert S. Marion, DC  
<https://www.robertmariondc.com>  
**Neighborhood Finance Corporation**- 4908 Franklin Ave  
515.246.0010  
Unique lending programs to facilitate revitalization in Polk Co.  
FB <https://neighborhoodfinance.org> @nfcdesmoines

# **Business Professionals in Waveland Park Neighborhood, and businesses owned by Waveland Park residents**

**Keller Williams Realtor, Carol Lunde** – 515.249.7222

Realtor, Notary, long time WPN resident, WPNA Board

**Fleet Feet Des Moines** – 521 E Locust St, 100 – 515.323.3338

Retail store focused on running, walking, and fun

Locally owned by long-time WPN residents Andy & Kathy Roat

FB <https://fleetfeetdesmoines.com> @fleetfeetdsm

**Re/Max Precision Realtor, Jenna Borchering** – 641.430.9092

Realtor, staging, WPNA board

**Have a Heart Creations** – 1055 44<sup>th</sup> St – 515.277.2849

Whimsical art, handcrafted greetings and notecards

Jen Mally

FB <https://www.haveaheartcreations.com> @jenmallyart

**CAbi – Independent CAbi and Wardrobe Consultant**

Judy Quick @judynquick <https://www.cabionline.com>

515.201.7148

**Level Up With Karman**

Career Coach & Mentor, Optimization

FB Karman Hotchkiss **BecomeMore Group**

**Monarch Renovations** – 1072 44<sup>th</sup> St – 515.274.5404

Residential design-build remodeling firm

Owner Mark Swanda

FB <https://www.monarch-renovations.com>

**Storied Gifts** – Sherry Borzo - @sborzostorygirl

Broadcast media production and distribution

Preserving life histories into books for families, businesses

FB <https://www.storiedgifts.com> @storiedgifts

**Abbie Sawyer Music** –

Singer/songwriter, musician, entrepreneur

**Mama Bare Botanicals** online shop for music & merchandise

FB <https://www.abbiesawyer.com> @theabbiesawyer

@abbieandthesawyers @nola\_jazzband

**Midwest Family Lending** - 515.252.7101

**Team Chedester -Licensed Mortgage Originators**

2753 99<sup>th</sup> St, Urbandale 50322

Locally owned by WPN resident Charlie Chedester

Home financing options – get the most out of your money

FB <https://midwestfamilylending.com> @teamchedester.com

**Whole Health Chiropractic Wellness Center**

4217 University – 515.277.0366

Family chiropractic care, infrared sauna

<https://www.wholehealthdesmoines.com>

@wholehealthchiropractic\_dsm

**Lindquist Family Dentistry** – 4224 University Ave  
515.277.6183 Clayton Lindquist DDS

## Des Moines Public Schools

Located in Waveland Park

**Hubbell Elementary School** – 800 42<sup>nd</sup> St – 515.242.8414

Des Moines Public Schools

FB <https://www.hubbell.dmschools.org>

@desmoinespublicschools

**Roosevelt High School** – 4419 Center St – 515.242.7272

Des Moines Public Schools – one of five in the district

FB <https://www.roosevelt.dmschools.org> @rooseveltdsm

**Perkins Elementary School** – 4301 College Ave – 515.242.8430

Des Moines Public Schools

FB <https://www.perkins.dmschools.org>

## Waveland Park places of worship

**Westminster Presbyterian Church** – 4114 Allison Ave

FB 515.274.1534 <http://www.westpres.org> @westpresdm

**Masjid An-Noor – Muslim Community Organization – Mosque**

1117 42<sup>nd</sup> St – 515.274.4626 – FB <https://222.dmmco.org>

**Table Church** – 831 42<sup>nd</sup> St on Sundays at 10 –

FB <https://www.tablechurchdsm.org> @tablechurchdsm

**Amazing Grace Ministries & Outreach Church** – 1903 53<sup>rd</sup> St

FB 515.279.4387 <https://www.agmochurch.org>

**Tifereth Israel Synagogue** – 924 Polk Boulevard – 515.255.1137

Progressive, egalitarian, Conservative Jewish congregation

FB <https://www.tifreth.org>

**Frontier Church** – 4440 College Ave – 515.635.4140

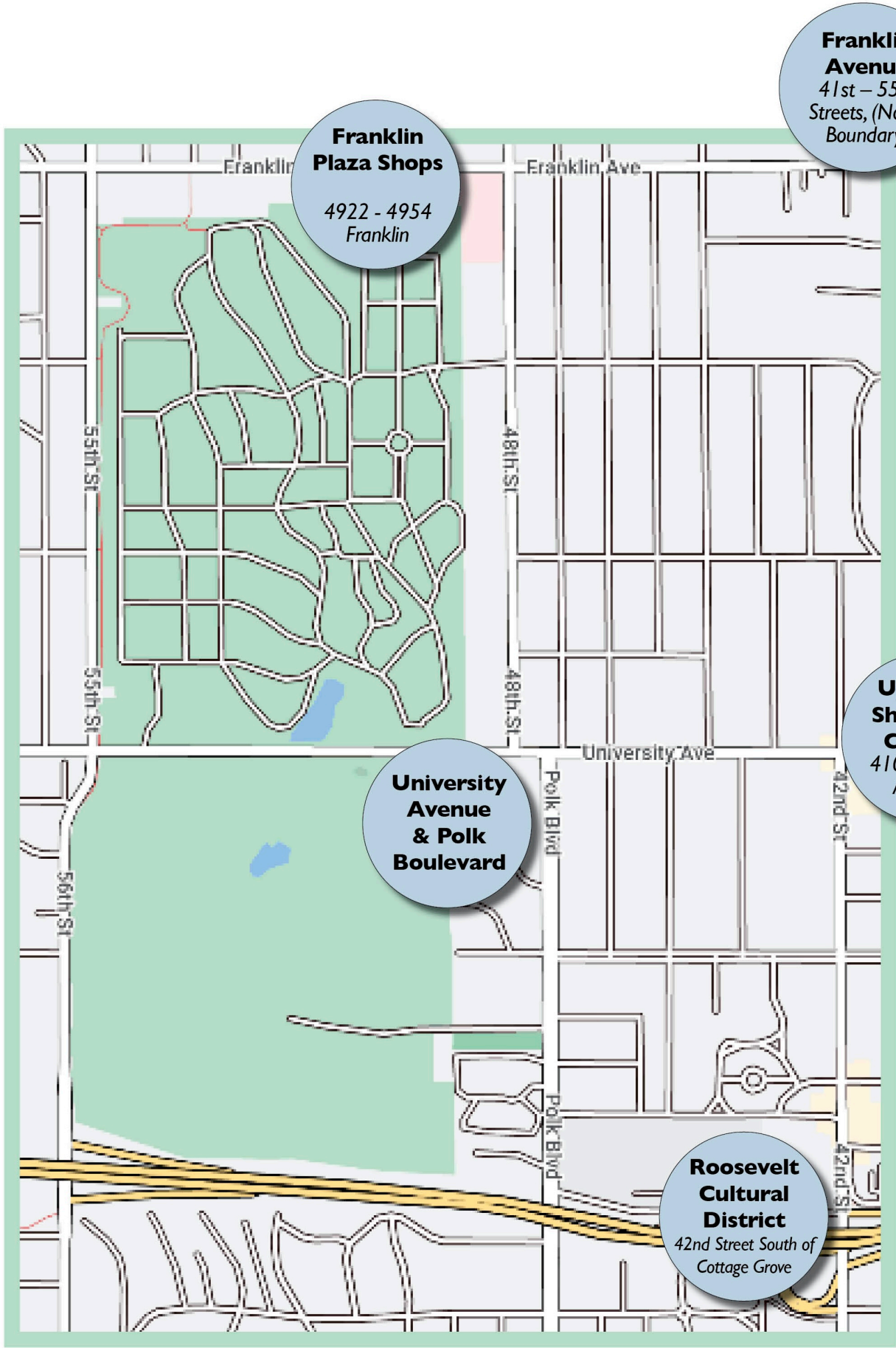
For the Joy of Des Moines

FB <https://www.frontierchurchdsm.com> @frontierchurchdsm

**Interfaith Alliance of Iowa** – 1133 42<sup>nd</sup> St – 515.279.8715

Celebrates religious freedom by championing the rights of individuals, by promoting policies that protect both religion and democracy, and by empowering diverse voices to challenge extremism. @interfaithallianceofiowa568

FB <https://www.interfaithallianceofiowa.org>



**Franklin Plaza Shops**  
4922 - 4954  
Franklin

**Franklin Avenue**  
41st - 55th  
Streets, (North  
Boundary)

**Uptown Shopping Center**  
4100 University  
Avenue

**University Avenue & Polk Boulevard**

**Roosevelt Cultural District**  
42nd Street South of  
Cottage Grove